Supplies the highest potency of Soy-isoflavone and contributes cooling energy to balance your entire body. This great tasting Soy-isoflavone concentrate is rich in phytoestrogens, key phytonutrients in preventing many conditions associated with aging. Menopausal women are particularly concerned with stopping bone loss and preserving hormonal balance. This refreshing tea goes another step, cleansing and detoxifying your entire body as it slows the aging process. Autoimmunity, prostate and kidney problems as well as rapid free radical formations, inflammation and repeated mild infections are all associated with aging. Soy-isoflavones (100 mg/ml, 10% Soy-isoflavone, 5% Genistein), are believed to be beneficial for fighting oxidants, prostatitis, cancer, osteoporosis, atherosclerosis and kidney disease. Studies in Japan have shown that the extract of Chinese blackberry contains anti inflammatory and anti-oxidation properties. Phyto-Soy is your perfect choice for daily body cleansing, anti-aging and body balance.

## **Technical Reference Bulletin**

The information in this article is not intended as medical advise, but only as a guide in working with your health care professional.

Phyto-Soy<sup>tm</sup>
The Drink of the Future
DOCUMENTATION OF INDIVIDUAL HERBS

**Soy** (Glycine max)

Organ Affinity: Cools: Spleen, Heart and Large Intestines.

Soybeans have played an integral part in Chinese culture, both as a food and as a medicine. It has been suggested by scientific findings that soy is beneficial for healing chronic diseases including: osteoporosis, kidney disease, atherosclerosis, and that it has anti-carcinogens and anti-cancer properties for breast, colon, and prostate cancers. Genistein in soybean plays a major role as a weak estrogen compound which has been shown to be an estrogen balancer in animal models.

**Chinese Blackberry** (Rubus suavissimus)

Organ Affinity: Liver & Kidney

Effects: Kidney tonic, astringent.

**Indications:** Kidney deficiency: impotence, spermatorrhoea, premature ejaculation, urinal incontinence, bed wetting.

**Remarks:** Improves vision in liver and kidney deficient symptoms. A recent Japanese study indicated anti-inflammatory effects and help with allergies.

<u>Lo Han Kuo</u> (Cucurbitaceae fruit) **Organ Affinity:** Spleen & Lungs

Effects: Antipyretic, moist, calming, and relaxing.

Indications: Digestive tract problems; sore throats, coughs, headache, and tension.

**Remarks:** Effective for climination of constipation, diarrhea, or other digestive problems; relaxes digestive tract and, thus, relieves tension and helps reduce headaches.

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